

Psalm and Readings Thursday 23rd April 2026

Psalm 146

- 1 Praise the Lord!
Praise the Lord, O my soul!
- 2 I will praise the Lord as long as I live;
I will sing praises to my God all my life long.
- 3 Do not put your trust in princes,
in mortals, in whom there is no help.
- 4 When their breath departs, they return to the
earth; on that very day their plans perish.
- 5 Happy are those whose help is the God of
Jacob, whose hope is in the Lord their God,
- 6 Who made heaven and earth, the sea, and all
that is in them; who keeps faith for ever;
- 7 Who executes justice for the oppressed;
who gives food to the hungry.
The Lord sets the prisoners free;
- 8 The Lord opens the eyes of the blind.
The Lord lifts up those who are bowed down;
the Lord loves the righteous.
- 9 The Lord watches over the strangers;
he upholds the orphan and the widow,
but the way of the wicked he brings to ruin.
- 10 The Lord will reign for ever,
your God, O Zion, for all generations.
Praise the Lord!

Joshua 1:1–9

After the death of Moses the servant of the Lord, the Lord spoke to Joshua son of Nun, Moses' assistant, saying, 'My servant Moses is dead. Now proceed to cross the Jordan, you and all this people, into the land that I am giving to them, to the Israelites. Every place that the sole of your foot will tread upon I have given to you, as I promised to Moses. From the wilderness and the Lebanon as far as the great river, the river Euphrates, all the land of the Hittites, to the Great Sea in the west shall be your territory. No one shall be able to stand against you all the days of your life. As I was with Moses, so I will be with you; I will not fail you or forsake you. Be strong and courageous; for you shall put this people in possession of the land that I swore to their ancestors to give them. Only be strong and very courageous, being careful to act in accordance with all the law that my servant Moses commanded you;

do not turn from it to the right hand or to the left, so that you may be successful wherever you go. This book of the law shall not depart out of your mouth; you shall meditate on it day and night, so that you may be careful to act in accordance with all that is written in it. For then you shall make your way prosperous, and then you shall be successful. I hereby command you: Be strong and courageous; do not be frightened or dismayed, for the Lord your God is with you wherever you go.'

Ephesians 6:10–20

Finally, be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

The Collect of the Day

God of hosts,
who so kindled the flame of love
in the heart of your servant George
that he bore witness to the risen Lord
by his life and by his death:
give us the same faith and power of love
that we who rejoice in his triumphs
may come to share with him the fullness of the
resurrection;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.